

## Referral, assessment, admission and discharge

We accept referrals 24 hours a day, 365 days a year from all in-patient services and other social care and community settings. We are able to arrange urgent assessments, normally within 24 hours of referral. Our pre-admission assessments are free of charge.

Assessments are undertaken by senior members of the care team, including the home manager. Service users normally have their initial assessment at their current place of residence. The individual referred, their relatives and members of the current care team are all welcome to visit the home prior to admission.

All placement offers include a completed assessment report, an outline specification of the service(s) to be provided, a care pathway plan and the placement fee. If the offer is accepted by all parties we will arrange for the individual to be admitted.

Discharge planning starts at the point of admission and is continually assessed throughout the individual's care pathway. Before we discharge a service user we liaise with the appropriate stakeholders within the care pathway.



## About Lighthouse Healthcare

Lighthouse is a provider of specialist support and rehabilitation services for people with challenging and complex needs.

We are committed to providing high quality effective pathways of care that create new opportunities for people to maximise their potential.

At the heart of our services is a person-centred approach, underpinned by the developmental principle, focusing on peoples' needs, wants, dreams and aspirations. This is achieved through collaborative working, persistence and, above all, professional excellence.

We live by our values, which are to be Positive, Persistent, Personal and Progressive.



## How to contact us

For further information or to make a referral:

**Tel: 01782 622089**

**Email: [info@lighthouse-healthcare.co.uk](mailto:info@lighthouse-healthcare.co.uk)**

**Website: [www.lighthouse-healthcare.co.uk](http://www.lighthouse-healthcare.co.uk)**

**Central referrals: 0800 954 2497**

**The Woodlands, 20 Woodland Avenue,  
Wolstanton, Newcastle-under-Lyme,  
Staffordshire, ST5 8AZ.**

Acorn Care Ltd.

Registered office: 2nd Floor, Bezant House,  
Bradgate Park View, Chellaston, DE73 5UH.

# The Woodlands

Meeting the complex needs of adults with learning disabilities



We are: Positive, Persistent, Personal, Progressive

# Welcome to **The Woodlands**

**A specialist care home registered with the Care Quality Commission, The Woodlands, situated in Wolstanton, Staffordshire, offers a community living environment for adults with learning disabilities.**

**Our service users require a specialist managed process of care and we work with them to offer professionalism, understanding, care and dignity.**

**Our aim is to improve our service users' quality of life by supporting them to achieve their own personal goals and aspirations, and providing them with the opportunity to move on and enjoy a fulfilling future.**

## Patient profile

We provide individual support to adults with a primary diagnosis of learning disability and complex needs, who are not detained under the Mental Health Act.



Our service users require specialised support to help them take control of their lives, develop personally and enjoy an enhanced quality of life.

Individuals living at The Woodlands will typically have stepped down from a more secure environment or stepped up from community living. They are likely to need a period of slow rehabilitation to prepare them for reintegration into the community.

## Philosophy of care

Our philosophy is one of empowerment and involvement. From the day they are admitted to the day they leave, our service users are involved in the care planning process and actively encouraged to exercise choice in the decisions that affect their lives.

Our person-centred plans of care and support are based on the assessed needs of each individual and promote the principles of 'an ordinary life', raising aspirations and the feeling of self-worth.

Our focus is on promoting independence and we place a strong emphasis on community involvement, presence and participation.

Service users are encouraged to take part in a wide variety of activities both on-site and in the wider community, enabling them to develop their personal skills in areas such as literacy, numeracy, IT, budgeting and cooking.

An independent advocacy service is available to further ensure individuals are involved in all the decisions that affect their care.

## Our environment and facilities

The Woodlands is situated in a quiet residential street in the heart of Wolstanton, a friendly village that benefits from a number of local amenities. The city of Newcastle-under-Lyme is just two miles away and offers a range of activities and facilities. The area is served by good road and rail networks.

The home offers single bedrooms with en-suite facilities, two of which are at ground floor level with disabled access. There is a bathroom on the first floor.

The lower ground floor houses a laundry and the primary kitchen where all main meals are prepared by staff. In addition, our skills kitchen on the ground floor is used by service users to prepare snacks and drinks for themselves and visitors. The ground floor also features a comfortable lounge and dining room with access to an attractive enclosed garden. The Woodlands has its own vehicle for general transport and outings.



## Our multi-disciplinary team

The Woodlands is staffed 24 hours a day by our own team of highly trained carers. They are supported by specialist clinical and professional staff. Service users can also access community resources such as GPs, dentists, opticians and chiropodists.